



PUTTING THE FUN BACK
INTO LEARNING!

February 2018

Dear Parents and Guardians,

It is with delight that I can finally inform you that the Swimming Pool is now functional, and will be used within PE lessons for the foreseeable future! We will endeavour to ensure that as many students have access to the pool in the lessons, over the coming terms possible. Please do not hesitate to contact us if you have any queries; we will do our best to respond as quickly as possible.

Sports Leaders

As stated in January's edition, the PE Department are reintroducing the Sports Leaders programme. Information has been passed on to Home Room Teachers; students are required to collect an information sheet, return the reply slip indicating their intention to become a Sports Leader, and provide a covering letter as to why they believe they would make a great Sports Leader for Al Basma. The information letter is attached to the bottom of this month's Curriculum Guide with information of what the role will be.

PE Kit and Swimming

The PE Department are continuing with their drive of ensuring that all students attend their PE lessons fully equipped (PE t-shirt, navy tracksuit bottoms/shorts, and sports shoes). With the reintroduction of the Swimming Pool, parents of students from G6 to 10 who are studying swimming in the upcoming half term will be informed in advance by letter. They must ensure that they have the following equipment, as well as their normal PE kit (in case the pool is not in use):

1. Boys – Swimming shorts (knee length, loose fitting, no pockets)
2. Girls – Swimming costume (mid-thigh or shorts over a costume)
3. Swimming hat/cap (compulsory)
4. Goggles (advisable)
5. Large towel

Please see below when your child has PE:

Boys

Sunday: 10A Core
9A GCSE Theory
8B

Monday: 6A
9A GCSE Theory

Tuesday: 9A Core
7A, 7C, 8A

Wednesday: 8C, 7B

Thursday: 9A GCSE Practical

Girls

Sunday: 9B Core

Monday: 6D, 9B GCSE Theory

Tuesday: 9B GCSE Practical
7D, 8D

Wednesday: 9B GCSE Theory

Thursday: 10B Core, 6E, 7E

Physical Education Curriculum Guide -February

Grade 6

February will see Grade 6 students focusing upon a variety of activities; these include Problem Solving, Net and Wall Games, and Leadership. Some classes will be swimming, parents will be informed by letter if this involves their children. Net and Wall Games and will see students developing an understanding of how to outwit an opponent, as well as developing technical and tactical understanding. Within Leadership and Problem Solving lessons, students will be required to think logically, demonstrate effective planning and reflective skills, and to communicate in a concise yet informative manner. Within Swimming, students will be developing their techniques, as well as their competence and confidence whilst in the water.

Grade 7

Our Grade 7 students will be focusing on the following activities: Problem Solving, Striking and Fielding. Some classes will be swimming, parents will be informed by letter if this involves their children. Striking and Fielding will be focused upon further developing student's hand-eye coordination, their ability to throw, catch and strike an object, as well as their strategic understanding of these games. Within Problem Solving lessons, students will be required to think logically, demonstrate effective planning, reflective skills, and to communicate in a concise yet informative manner. There will be an emphasis on real-life challenges that students could encounter, where they will be encouraged to consider the impact of their decision making.

Grade 8

Students are continuing with our new 'Pathway' structure; here students are studying 6-7 week blocks and will be focusing on the following areas of the National Curriculum: Leadership and Swimming. February will see students planning, leading and evaluating their own activity sessions, as well as developing their leadership qualities. Within Swimming, students will be developing their techniques, as well as their competence and confidence whilst in the water. Basic Personal Survival will also be introduced within these lessons.

Grade 9 & Grade 10 Core

Our Key Stage 4 students will be covering Games, Problem Solving and Swimming. With the mock examination period underway, grade 10 students will be using their PE lessons to relieve stress and enjoy themselves; however, there will still be active learning within all lessons.

Grade 9 GCSE PE

Our Grade 9 cohort will be sitting an assessment imminently, which will give a greater representation of student knowledge, understanding and progress of Applied Anatomy and Physiology. Once the assessment has been completed, students will begin to focus upon Movement Analysis, which is centred upon Lever Systems and Planes and Axes of Movement.

Departmental Contact Details

Mr. Dayle (Head of PE)	dayle.m@albasmaschool.ae
Miss Danielle	danielle.f@albasmaschool.ae
Miss Karen	karen.p@albasmaschool.ae
Mr. Steve	stephen.f@albasmaschool.ae



Sports Leader Application

Dear Parents/Guardians

Re: Sports Leaders Vacancy

At Al Basma British School, we are always looking to improve the experiences and opportunities of our students. With the new term underway, we are launching the 2018 Sports Leadership Programme. The programme is open to students from Grade 5 to Grade 9, and is a fantastic opportunity for anyone looking to develop essential life skills, through sport and enrichment activities.

As a Sports Leader, students will be expected to perform the following duties:

- Assist with the collection and return of equipment in PE lessons
- Leading class warm ups during PE lessons
- Helping with Al Basma Sports Events and Enrichment opportunities
- Organising break/lunch time fixtures
- Co-ordinating with the PE Department

In addition to this, students will be expected to be role models in their PE lessons, demonstrating exemplary behaviour, as well as the desire and determination to develop their knowledge and understanding across the PE curriculum.

Students who are interested in applying for a Sports Leader role must return the slip below, as well as a letter explaining why they think they would be an effective Sports Leader. The letter should be no longer than one A4 piece of paper. The slip and the letter need to be submitted before Wednesday 7th February. Once all of the slips and letters have been returned, students will be shortlisted for interviews, which will take place in February 2018.

Yours faithfully,

D McGilvray

Mr Dayle McGilvray
Head of Physical Education

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Reply slip to be returned to Mr Dayle: Sports Leadership Vacancy by Wednesday 7th February 2018

Full Name: _____

Grade: _____ Homeroom Teacher: _____