



PUTTING THE FUN BACK  
INTO LEARNING!

Dear Parents and Guardians,

It is with delight that I can finally inform you that the Swimming Pool is now functional, and will be used within PE lessons for the foreseeable future! We will endeavour to ensure that as many students have access to the pool in the lessons, over the remainder of the academic year.

### **Sports Leaders – Grade 5 only**

As stated in January's edition, the PE Department are reintroducing the Sports Leaders programme. Information has been passed on to Home Room Teachers; students are required to collect an information sheet, return the reply slip indicating their intention to become a Sports Leader, and provide a covering letter as to why they believe they would make a great Sports Leader for Al Basma. The information letter is attached to the bottom of this month's Curriculum Guide.

### **PE Kit and Swimming**

The PE Department are continuing with their drive of ensuring that all students attend their PE lessons fully equipped (PE t-shirt, navy tracksuit bottoms/shorts, and sports shoes). With the reintroduction of the Swimming Pool, students who are studying swimming in the upcoming half term must ensure that they have the following equipment, as well as their normal PE kit:

1. Boys – Swimming shorts (knee length, no pockets)
2. Girls – Swimming costume (mid thigh or shorts over swimsuit)
3. Swimming hat/cap (compulsory)
4. Goggles (advisable)
5. Large towel

Please see below when your child has PE, and make sure that they come to school fully equipped for their lesson:

#### **Key Stage Two**

Sunday: 5F  
3C  
3E  
3H  
4A

Monday: 4C  
4B  
5B  
5A  
3D  
5E

Tuesday: 3I  
3B  
5D

Wednesday: 5C  
3A  
4G

Thursday: 4H  
4E

If your child is unable to physically participate in a lesson due to illness or injury, a note must be provided in their student diary, and given to their PE Teacher at the beginning of the lesson. Any student who is unable to physically participate will still have an active role within the lesson.

## **Physical Education Curriculum - February**

### **Grade 3**

Our Grade 3 students will be focusing on the following areas of study: Net and Wall Games, Invasion Games, Problem Solving, Gymnastics and Striking and Fielding Games. Students will continue to develop their understanding of how to control their bodies, developing the confidence to participate in physical activity, and how to develop basic techniques across a variety of different activities. Students will be encouraged to develop logical thinking within these activities, as well as begin to provide feedback to one another, based upon performance.

### **Grade 4**

Our Grade 4 students will be focusing on the following areas of study throughout February: Gymnastics, Problem Solving, Net and Wall Games and Striking & Fielding. Some classes will be swimming, parents will be informed by letter if this involves their children. Within lessons, students will develop their physical literacy, along with the confidence and competence to perform across a variety of activities. Peer based feedback will be used across all activities to develop students' knowledge and understanding of what/how/why progress is required. Students will be encouraged to demonstrate creativity, and explore a variety of different methods of completing tasks. When focusing upon swimming, students will be developing their confidence and competence in the water.

### **Grade 5**

Throughout February, our Grade 5 students will be focusing on the following areas: Invasion Games, Striking and Fielding, Problem Solving, and Gymnastics. Some classes will be swimming, parents will be informed by letter if this involves their children. Similarly to Grade 4, students will develop their physical literacy, along with the confidence and competence to perform across a variety of activities. Students will develop greater technical and tactic knowledge within these lessons, as well as how to provide constructive feedback, with an emphasis of using subject specific terminology to demonstrate their understanding. When focusing upon swimming, students will be developing their confidence and competence in the water.

## **Department Contact Details**

Mr. Dayle (Head of PE)	<a href="mailto:dayle.m@albasmaschool.ae">dayle.m@albasmaschool.ae</a>
Miss Danielle	<a href="mailto:danielle.f@albasmaschool.ae">danielle.f@albasmaschool.ae</a>
Miss Karen	<a href="mailto:karen.p@albasmaschool.ae">karen.p@albasmaschool.ae</a>
Mr. Steve	<a href="mailto:stephen.f@albasmaschool.ae">stephen.f@albasmaschool.ae</a>
Mr. Arun	<a href="mailto:arun.a@albasmaschool.ae">arun.a@albasmaschool.ae</a>
Miss Sajitha	<a href="mailto:sajitha.k@albasmaschool.ae">sajitha.k@albasmaschool.ae</a>

Please do not hesitate to contact us if you have any queries; we will do our best to respond as quickly as possible.

Thank you for your on-going support,

**Al Basma British School**  
**Striving to be the best**



## Sports Leader Application

Monday 29<sup>th</sup> January 2018

Dear Parents/Guardians

### **Re: Sports Leaders Vacancy**

At Al Basma British School, we are always looking to improve the experiences and opportunities of our students. With the new term underway, we are launching the 2018 Sports Leadership Programme. The programme is open to students from Grade 5 to Grade 9, and is a fantastic opportunity for anyone looking to develop essential life skills, through sport and enrichment activities.

As a Sports Leader, students will be expected to perform the following duties:

- Assist with the collection and return of equipment in PE lessons
- Leading class warm ups during PE lessons
- Helping with Al Basma Sports Events and Enrichment opportunities
- Organising break/lunch time fixtures
- Co-ordinating with the PE Department

In addition to this, students will be expected to be role models in their PE lessons, demonstrating exemplary behaviour, as well as the desire and determination to develop their knowledge and understanding across the PE curriculum.

Students who are interested in applying for a Sports Leader role must return the slip below, as well as a letter explaining why they think they would be an effective Sports Leader. The letter should be no longer than one A4 piece of paper. The slip and the letter need to be submitted before Wednesday 7<sup>th</sup> February. Once all of the slips and letters have been returned, students will be shortlisted for interviews, which will take place in February 2018.

Yours faithfully,

*D McGilvray*

Mr Dayle McGilvray  
Head of Physical Education

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Reply slip to be returned to Mr Dayle: Sports Leadership Vacancy by Wednesday 7<sup>th</sup> February 2018

Full Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_