



PUTTING THE FUN BACK  
INTO LEARNING!

## KS2 Physical Education Curriculum Guide

January 2018

Dear Parents and Guardians,

As we move into the New Year, we can reflect on the success our students have had across our PE Curriculum, with evidence of students developing their knowledge and understanding across a variety of different activities. The New Year will present the students of Al Basma British School with a range of new opportunities and experiences, both in curriculum time, and through enrichment activities.

### **Sports Leaders – Grade 5 only**

The Al Basma PE Department will be reintroducing the role of Sports Leaders, in the new term. Information will be given to students when they return from the winter break; those students who are interested in applying for the roles must provide a letter stating why they would make an ideal sports leader, along with the return slip that will be on the information sheet.

### **PE Kit and Changing**

We have noticed a great improvement in student's organisation with their PE kit; however, there is always room for improvement! A reminder that students must bring their PE t-shirt, navy tracksuit bottoms/shorts, and sports shoes into school on the days that they have PE. With the reintroduction of the swimming pool imminent, it is essential that students bring appropriate/suitable swimwear, as well as their normal PE kit, should we ever experience any issues with the pool.

Please see below when your child has PE, and make sure that they come to school fully equipped for their lesson:

#### **Key Stage Two**

Sunday: 5F  
3C  
3E  
3H  
4A

Monday: 4C  
4B  
5B  
5A  
3D  
5E

Tuesday: 3I  
3B  
5D

Wednesday: 5C  
3A  
4G

Thursday: 4H  
4E

If your child is unable to physically participate in a lesson due to illness or injury, a note must be provided in their student diary, and given to their PE Teacher at the beginning of the lesson. Any student who is unable to physically participate will still have an active role within the lesson.

## **Physical Education Curriculum - January**

### **Grade 3**

As we move into the new term, our Grade 3 students will be focusing on the following areas of study: Net and Wall Games, Invasion Games, Problem Solving, Gymnastics and Striking and Fielding Games. Students will continue to develop their understanding of how to control their bodies, developing the confidence to participate in physical activity, and to develop basic techniques across a variety of different activities. Students will be encouraged to develop logical thinking within these activities, as well as beginning to provide feedback to one another, based upon performance.

### **Grade 4**

Our Grade 4 students will be focusing on the following areas of study throughout January: Invasion Games, Gymnastics, and Striking & Fielding. Within lessons, students will develop their physical literacy, along with the confidence and competence to perform across a variety of activities. Peer based feedback will be used across all activities to develop students' knowledge and understanding of what/how/why progress is required. Students will be encouraged to demonstrate creativity, and explore a variety of different methods of completing tasks.

### **Grade 5**

Throughout January, our Grade 5 students will be focusing on the following areas: Invasion Games, Striking and Fielding, and Gymnastics. Similarly to Grade 4, students will develop their physical literacy, along with the confidence and competence to perform across a variety of activities. Students will develop greater technical and tactical knowledge within these lessons, as well as learning how to provide constructive feedback, with an emphasis on using subject specific terminology to demonstrate their understanding.

## **Department Contact Details**

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|------------------------|--|
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Please do not hesitate to contact us if you have any queries; we will do our best to respond as quickly as possible.

Thank you for your on-going support,

The PE Department