



PUTTING THE FUN BACK
INTO LEARNING!

Dear Parents and Guardians,

As we moved in to March, our focus turned to Sports Week, which ran Sunday 4th March to Thursday 7th March. We are delighted that so many parents came down to watch their children compete and enjoy the fun!

Celebrating Success

The PE Department are actively looking at promoting and celebrating students sporting success, both through their PE lessons, and through their extra-curricular activities. If your child is participating in an extra-curricular activity, and is competing at a high level, then let us know! If you have details of these sporting successes, then please contact Mr Dayle via the email found in the Departmental Contact Details below.

PE Kit and Swimming

The PE Department are continuing with their drive of ensuring that all students attend their PE lessons fully equipped (PE tshirt, navy tracksuit bottoms/shorts, and sports shoes). With the reintroduction of the Swimming Pool, students who are studying swimming in the upcoming half term must ensure that they have the following equipment, as well as their normal PE kit in case the pool is out of use for some reason:

1. Boys – Swimming shorts (knee length, no pockets)
2. Girls – One piece swimming costume (mid thigh or with overshorts)
3. Swimming hat/cap (compulsory)
4. Goggles (advisable)
5. Large towel

Parents of children who are scheduled to swim after Spring break will be contacted directly by letter in week of 7th April.

Please see below when your child has PE, and make sure that they come to school fully equipped for their lesson:

Key Stage Two

Sunday:	5F 3C 3E 3H 4A	Monday:	4C 4B 5B 5A 3D 5E	Tuesday:	3I 3B 5D
Wednesday:	5C 3A 4G	Thursday:	4H 4E		

If your child is unable to physically participate in a lesson due to illness or injury, a note must be provided in their student diary, and given to their PE Teacher at the beginning of the lesson. Any student who is unable to physically participate will still have an active role within the lesson.

Physical Education Curriculum - March

Grade 3

Our Grade 3 students will be focusing on the following areas of study: Net and Wall Games, Invasion Games, Problem Solving, Gymnastics and Striking and Fielding Games. Students will continue to develop their understanding of how to control their bodies, developing the confidence to participate in physical activity, and how to develop basic techniques across a variety of different activities. Students will be encouraged to develop logical thinking within these activities, as well as begin to provide feedback to one another, based upon performance.

Grade 4

Our Grade 4 students will be focusing on the following areas of study throughout March: Gymnastics, Problem Solving, Net and Wall Games and Striking & Fielding. Within lessons, students will develop their physical literacy, along with the confidence and competence to perform across a variety of activities. Peer based feedback will be used across all activities to develop students' knowledge and understanding of what/how/why progress is required. Students will be encouraged to demonstrate creativity, and explore a variety of different methods of completing tasks.

Grade 5

Throughout March, our Grade 5 students will continue to focus on the following areas: Invasion Games, Striking and Fielding, Problem Solving and Gymnastics. Similarly to Grade 4, students will develop their physical literacy, along with the confidence and competence to perform across a variety of activities. Students will develop greater technical and tactic knowledge within these lessons, as well as how to provide constructive feedback, with an emphasis of using subject specific terminology to demonstrate their understanding.

Department Contact Details

Mr. Dayle (Head of PE)	dayle.m@albasmaschool.ae
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Please do not hesitate to contact us if you have any queries; we will do our best to respond as quickly as possible.

Thank you for your on-going support.